

# EMPOWERED YOUTH INTERNSHIP

BIO IN COLLABORATION WITH TEAM



# WHO WE ARE

## **BIOMETRIC INNOVATIVE OPTIONS (BIO PT)**

is a leading Bay Area physical therapy practice that believes in delivering high quality healthcare to our patients and clients as well as being a relevant voice and change agent in the community we serve.

## **TEAM INC.**

is a non-profit in Oakland, California, that prepares underrepresented high school students for opportunities available at the intersection of tech and sport through free training programs.



***TECH EXPOSURE & ACCESS THROUGH MENTORING***

***TEAM***



# THE INTERNSHIP

In 2018, BIO and TEAM developed the BIO Empowered Youth Internship (E.Y.I.) as a vehicle aligning sports medicine and tech learning with the passion so many young people possess for sports.

The internship targets underrepresented high school student-athletes to expose them to the profession of Physical Therapy and Sport Performance. E.Y.I. is purposefully designed to challenge the student at a graduate school level to give high touch real world exposure to the field of Physical Therapy, Sports Performance and Sports Analytics.

Our goal is to show students that there are many professional opportunities related to sports, both in sports medicine and technology.

# WHY NOW



## **STEM WILL CREATE 1.5 MILLION JOBS**

STEM skills unlock opportunities in California and across the globe.

## **THE RACE & GENDER GAP IN THE STEM WORKFORCE CONTINUES TO GROW**

## **TALENT IS UNIVERSAL, ACCESS & OPPORTUNITY ARE NOT**

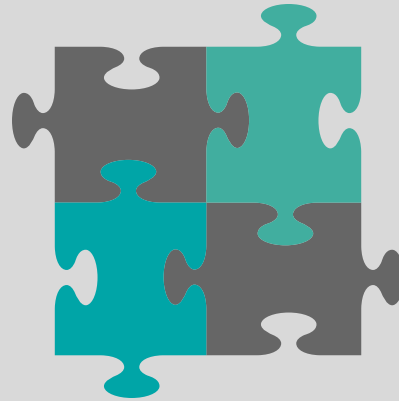
Students can meet high expectations for success only if they have exposure to challenging and engaging STEM curriculum both in and out of school.



# OUR PROGRAM



**INTERACTIVE**



**PROJECT-BASED**



**HANDS-ON**

Students are engaged in project-based learning incorporating the basics of physical therapy including anatomy, physiology, biomechanics and kinesiology, while simultaneously learning about various aspects of video and data analytics, data collection and performance analysis using an industry-leading software called SportsCode.

# OUTCOMES + IMPLICATIONS



- College access
- Scholarships
- Increased awareness about career pathways centered on sports medicine & technology
- Develop skill sets to plug into an ecosystem of technology and innovation

## STUDENT TESTIMONIAL

**"BIO x TEAM gave me an experience that has allowed me to separate myself far from my peers, as well as recognize my passion."**

Fraol Olyad, Oakland Ca  
Empowered Youth Intern 2018,  
*Freshman, San Diego State University*

## STUDENT TESTIMONIAL

**"It's crazy for people to make an impact on you just knowing them for one day, and that's how much of an impact they made on me".**

Dana Moreno, Los Angeles, Ca  
Empowered Youth Intern 2019,  
*Bravo Medical Magnet High School, Class of 2020*

# 2019 RECAP

**This Summer, we took 5 female high school students from Oakland & Los Angeles to participate in the Empowered Youth Internship.**

Students had an immersive 10-day experience learning about sports medicine and technology with BIO/TEAM while staying on campus at the University of Southern California.

The internship was built on a real world case study, introducing them to the foundation of physical therapy and sports analytics. The most memorable aspect however, was witnessing their personal growth and self-actualization.





# WHAT'S NEXT: 2020

We envision the Empowered Youth Internship growing & our goal is to serve **6 students** in June 2020.

Ensuring this opportunity continues to be *free* for all students calls for partners & champions to support expenses including:

- Room & board
- Airfare
- Meals
- Transportation
- Equipment + supplies
- Staff stipends
- Videographer





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